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NEWSLETTER ISSUE 17 - June 2019

MMR DROP-IN CLINICS

The surgery is holding 2 drop-in clinics for children aged 4-16 who have not had 2 doses of the MMR vaccine. Measles outbreaks are occurring widely across the country with confirmed cases in Greater Manchester and Liverpool. This is a serious concern with up to 1 million children and young teenagers potentially vulnerable to infection.

Letters will be sent to those children who, according to our records, have not had 2 doses of the MMR vaccine. In light of the continuing measles activity in the UK, we strongly recommend that MMR vaccinations are brought up to date. 2 doses of the vaccine offer the best way to protect against measles, mumps and rubella.

THE DROP-IN CLINICS ARE AS FOLLOWS:

Tuesday 25th June 2-6pm at **Offerton Health Centre**

Wednesday 26th June 2-6pm at Hillgate Surgery

Other patients who have not received 2 doses of the MMR vaccine are advised to make an appointment with a Practice Nurse. If you are unsure whether you are fully vaccinated, please ask at reception who can check your immunisation record and book an appointment if necessary.

Patient Webinars - IBS / IBD / Coeliac Disease

The Patient Webinars website has been developed by NHS Dietitians to provide information and advice to people who have been diagnosed with Irritable Bowel Syndrome, Coeliac Disease and Inflammatory Bowel Disease.

A variety of free webinars are available for people to watch and listen to and a number of useful links and handouts for each condition are also available to read and download.

A webinar is an online presentation which allows viewers to listen to expert NHS Healthcare Professionals. You can listen anywhere at any time on a mobile, tablet, laptop and computer with a Wi-Fi or 4G internet connection.

Visit <u>www.patientwebinars.co.uk</u> for more information and to access these resources. You may be asked to complete a short survey prior to or after watching a webinar.

You can also follow Patient Webinars on twitter to stay up-to-date with the latest webinars, information and advice - **@patientwebinars**.







http://www.manormedical.co.uk

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Travel Vaccinations

If you require any vaccinations relating to foreign travel, please remember we do not have last minute appointments. You must complete a travel health questionnaire (available from Reception) at least 8 weeks before departure and hand this back in at Reception. The form includes which countries and areas within countries that you are visiting so that the nursing team can determine what vaccinations are required. You will be contacted by the surgery within 7 to 10 days after the completed questionnaire has been handed in at Reception with an appointment if needed. Please ensure you put your contact number on your completed questionnaire.

PLEASE NOTE – some travel vaccines are only available at a private clinic. These vaccines incur a charge. You will be informed if this is the case following completion of your questionnaire.

For information regarding countries and vaccinations, follow the link below to our website:



http://manormedical.co.uk/clinics-and-services.aspx?t=2

The on-going renovations to Hillgate surgery are now complete! The reception and waiting areas have been updated and we now also have a pharmacy on site.

There is also a self-check-in machine in the waiting area which you can use to check yourself in for your appointment if reception is busy.

Calling all Young Carers aged 16 - 24!

The NHS England Young Carer Health Champion programme is running again from July 2019. The programme was set up in 2015 with the aim to support service changes through the voices of Young Carers. It is a 12 month programme where you will experience self-development, be part of healthcare initiatives to help improve, support and develop services for Young Carers.

If you are a Young Carer who wants to make a difference and contribute your ideas and experience, then this programme is for you!

What does the programme involve?

The 12-month programme consists of 3 residential weekends which must be attended with a Support Worker from your Young Carer Organisation, regular contact via their closed Facebook group and opportunities to get involved in a number of healthcare events and workshops.

The 3 residential weekends are as follows:
Friday 26th – Sunday 28th July 2019
Friday 25th – Sunday 27th October 2019
Friday 17th – Sunday 19th April 2020

Venues to be confirmed.

The programme is fully funded to support the necessary travel requirements for Young Carers and support workers. It also supports a £150 contribution per support worker per residential.

If you would like to be considered for the programme please email Paula Cruise at Paula.Cruise@nhs.net or call on 07800 171820 if you have any questions.

The closing date for applications is Friday 7th June 2019.

For more information please click here.

